



Brain Gym Course

Brain Gym® in Action includes:

PACE

4 steps to prepare us for learning by enabling us to be more **Positive**, ready for **Action**, **Clear** in our thinking and **Energetic**.

Action Goal Balances for Vision, Hearing, Writing, Positive Attitudes and Whole Body Co-ordination are taught.

26 Brain Gym Activities

These simple physical movements improve such skills as auditory processing, reading, writing, concentration, memory, math and communication. Enjoy gains in productivity, creativity, energy levels and athletic performance.

Short introduction to the Three Dimensions of the Brain:

Laterality - for improved communication and processing of information

Centering - to be grounded, emotionally stable and organized

Focus - able to concentrate on the details, keep perspective and comprehend

Dennison Laterality Repatterning

Integrates the brain; enabling one to shift mental gears from reflexive action to more conscious, balanced thinking and behaviour.

Recommended for:

- **Teachers**, after school tutors, Special ED teachers and teachers' aides
- **Parents**, occupational therapists, physiotherapists and speech therapists
- **Students** studying at TAFE, University and mature age students
- **Sports coaches** and **athletes** wanting to improve performance & accuracy
- Beneficial for **autism, dyslexia, auditory processing, CP, ADHD/ADD**
- **Musicians** and **artists** to improve creativity and fine motor skills

Brain Gym® is the registered trademark of the Educational Kinesiology Foundation, Ventura, California USA

Please register asap Thank you!

Course fee is \$ 150 per person - receipts will be issued upon arrival of funds on my account by direct transfer - internet banking onto

Account #153 629, BSB: 036031, Westpac

new account: BSB 923100 acc# 38497984



Course Registration Form

fill in the relevant date from the webpage!

Please print off fill in this form

Please register me for BGiA on

Name (please print clearly) _____

Address _____

Suburb _____ Post Code _____

Daytime Phone _____

Email _____

Course fee includes a Certificate of achievement.

Brain Gym is a registered trademark of the Educational Kinesiology Foundation, Ventura, California - www.braingym.org

This course may be fully Tax deductible as Professional Development.

I am looking forward to having you in the course

If you have any enquiries, please feel free to call or e-mail me



Are your children or students...

- ...tired, unable to concentrate, or fuzzy minded?
- ...having trouble with reading, writing and spelling, or following lessons at school?
- ...showing symptoms of ADHD, Dyspraxia or Dyslexia?
- ...having behavioral problems?

and...

You want to do something about it?

Why not give Brain-Gym® a go!

Brain-Gym® is a series of simple and enjoyable movements used with students in Educational Kinesiology to enhance their experience of whole-brain learning.

Through movement re-patterning and Brain-Gym® activities students learn to **integrate all brain functions** in order to process information smoothly and effortlessly. The changes in learning are often immediate and profound, as students discover how to easily receive information and express themselves simultaneously. Brain-Gym activities make all types of learning easier, and are especially effective with all academic skills.

Brain Gym and other EDU-K techniques are also successfully used for patients suffering from Stroke, Alzheimer's disease, Parkinson's disease and other neurological disorders.

"Movement is the door to learning!"

Dr. Paul Dennison PhD

Founder of Brain-Gym® & Edu-K Foundation



Dorothea Bassett
Professional Kinesiology Practitioner (Diploma)
Touch for Health® and Brain-Gym® Instructor
Nutrition Consultant

As a certified Diploma Kinesiologist, German qualified physiotherapist and nutritional consultant with over 25 of years professional experience, Dorothea Bassett can provide you and your child with in-depth, one-on-one advice and treatment options to help establish and maintain positive learning habits and behavioural patterns.

Dorothea is also an experienced and entertaining public speaker, and regularly presents PD Days and workshops at primary and secondary schools all over Western Australia.



Live and Learn

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Live and Learn!

Practitioner of
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Nutritional Coaching
Health & Wellness Consultancy

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