



Touch for Health 3 & 4 Kinesiology Courses

VENUE: L & L Clinic Thornlie WA

All courses are certificated and accredited Prices include manuals and certificates

***** Pre-pay for TFH 3 & TFH 4 only \$660 a saving of \$30 *****

TFH 3 (16 Hours) 9am – 5pm \$360

Touch for Health 3 focuses on how to implement TFH 42 muscles to complete 5 Element integration and Reactive Muscle Release for enhanced performance.

Course content:

- | | |
|---------------------------------|-------------------------------|
| * Goal Balancing With Emotions | * Pulse Checks |
| * 42 meridian indicator muscles | * Pain Tapping |
| * Five Element Colour Balancing | * Circuit Retaining Mode |
| * 5 Element Balancing with Food | * Facilitation and Inhibition |
| * E.S.R. For Past Trauma | * Reactive Muscles |
| * Past Balancing | * Gaits |

TFH 4 (16 Hours) 9am – 5pm \$360

Touch for Health 4 completes the **TFH Synthesis** program with additional postural and energetic balancing techniques, bringing all aspects together as a total holistic health care modality.

Course content:

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|--|---------------------------|
| * 5 Element Emotions | * Time of Day Balance |
| * 5 Element Sound Balance | * Figure 8 Energy |
| * 42 Muscle balance standing and/or lying down | * Neuro-lymphatic Release |
| * Acupressure Holding Point Theory | * Reactive Muscle Review |
| * Luo Points | * Postural Analysis |
| * Postural Stress Release | |

Please enroll me for: TFH 3: \$360 _____ TFH 4: \$360 _____ TFH 3 & 4: \$630 _____

TFH 3 repeat: \$150 _____ TFH 4 repeat: \$150 _____ \$100 Deposit: _____ non-refundable deposit

Date: please fill in the relevant actual date!.....

Name: _____

Email: _____

Address: _____

Postcode: _____ Tel:(H) _____ Mobile: _____

Direct Payment into: Westpac Bank BSB: 036 031 Cheque Acc. No.: 153 629
 Dorothea Bassett LIVE AND LEARN
 Please state **family name & TFH** in for section, then email me
 to inform me of direct payment & amount.

Fill in enrolments and: mail to dorothea.bassett@gmail.com www.liveandlearn.net.au